



FATHER A NATION ANNUAL REPORT



15 YEARS OF **FAN**
FATHER A NATION

RAISING GOOD MEN

to end GBV, crime and fatherlessness.

SINCE 2010

15

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RAISING A GREAT NATION

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WORD FROM THE CEO



2025 was another inspiring and impactful year for Father A Nation South Africa. Since we started 15 years ago our goal has been to find the **most effective way of healing, equipping and inspiring the boys and men of our nation to become excellent fathers, role models, partners, citizens and all-round good men.**

Over the years we have experimented with a wide variety of interventions, from camps to soccer events, workshops, community activations and mentoring programmes. We have worked in squatter camps, taverns, street corners, sports clubs, prisons, soup kitchens, schools, colleges, universities, parastatals, councils, companies and government departments. And we have had the privilege of doing this in all nine provinces across the full spectrum of South African society in all its rich diversity, **touching the lives of over 380,000 people.**

One particular intervention that has evolved through all these years of working and learning at the coalface of SA reality is what we call the **Champions for Change** programme. This highly scalable programme has the potential to significantly impact many of the most serious social challenges facing our nation. More about it later in this report! Our work with young people continued to grow this year as we ran workshops in **67 schools, equipping over 15,000 learners** to recognise and stand against gender-based violence, bullying and other destructive behaviours. Teaching and inspiring young men at this crucial stage of their development can completely change the trajectory of their lives and those around them. We continued with the **Bravest Thing helpline**, a crisis line for men in distress which has become a lifeline for many who felt they had nowhere else to turn. Through listening, support and timely intervention, our mentors were able to avert many crises. We hosted two unforgettable **Champ Camps with men from Thembisa, Alexandra**

and the Cape Flats which many described as a turning point in their lives. Our **free online courses** continue to reach men and boys beyond where we can physically go, equipping them with practical tools for living with positive, healthy masculinity.

None of this would be possible without our generous funders and partners who believe, as we do, that transforming men and masculinity is foundational to building a safer, better South Africa. **Thank you for standing with us and for making it possible to do this vital work.** Experience has shown us very clearly that most men want to be good men and it is a privilege for us to help them do so. Thank you to every mentor, partner, supporter and participant who has been part of this journey. Together we are proving that when men change, everything changes.

With gratitude and hope,

Craig Wilkinson
CEO, Father A Nation SA NPC

OUR MISSION

FAN'S PURPOSE

To raise a generation of good men who will build a safe and prosperous South Africa, free from abuse of any kind.

HOW WE ACHIEVE OUR PURPOSE

We address South Africa's most urgent and destructive social challenges including gender-based violence, corruption, fatherlessness and violent crime, by healing, equipping and inspiring boys and men to be good men, fathers, mentors, role models and nation builders, who stand against any form of abuse.

WHAT IT LOOKS LIKE ON THE GROUND

We run high impact, transformational programmes with men and women, boys and girls in communities, schools, colleges and organisations across South Africa.

OUR VISION

We envision a **national movement** that ignites and embeds **positive, healthy masculinity** across **every sector** of South African society, from grassroots **communities to business, government, media, and families**, resulting in a nation where strong, healthy masculinity is **the norm**; **fathers are present and engaged**; men use their **strength for good**; **children are safe** and nurtured; and **women are free** to live fully and fearlessly.

WHEN MEN CHANGE, **EVERYTHING CHANGES.**

Heal men, and you heal **families.**

Heal families, and you heal **society.**

Heal society, and you heal **nations.**

Heal nations, and you heal **the world.**





CONTEXT AND PHILOSOPHY

Father A Nation operates in the context of a nation which has some of the most troubling social issues in the world. South Africa is widely referred to as the rape capital of the world, with some of the highest rates of gender-based violence (GBV) on the planet.

Our murder rate stands at 43 per 100,000 people per year, eight times higher than the USA (5.4) and 35 times higher than the UK (1.2). We are also one of the most corrupt nations in the world. Estimates suggest corruption has cost South Africa more than R700 billion over the past 20 years.

60%

OF CHILDREN LIVE
WITHOUT A
PRESENT
FATHER



FEMICIDE

5X



THE
GLOBAL
RATE

SA MURDER RATE

35X

HIGHER
THAN UK

CORRUPTION COST

**R700
BILLION**

IN THE LAST 20 YEARS



The overwhelming majority of this damage is being perpetrated by men.

Not emotionally whole and healthy men, but rather wounded men with a distorted view of masculinity.

TRUE MASCULINITY IS A POWERFUL FORCE FOR GOOD.

False, wounded masculinity is profoundly destructive. Wounded men either fail to use their strength and become passive, or they misuse their strength and cause harm to themselves and others. True masculinity loves, serves, protects and gives. False masculinity seeks to dominate, control and take. Because of our divisive history and deep socio-economic challenges, South Africa is home to **generations of fatherless, wounded** men with false and often destructive notions of what masculinity is.

The evidence is clear. A survey conducted among 2,600 men in Diepsloot (aged 18–40) by Sonke Gender Justice in collaboration with the University of the Witwatersrand revealed that **56% admitted to either raping or beating a woman in the past 12 months.** Among these, **38% specifically admitted to forcing sex** and approximately **54% admitted to physical violence or threats against women.** Another study involving 1,130 young women in KwaZulu-Natal found that **46% reported their first sexual experience as non-consensual.** These are horrifying realities happening on a massive scale.

46% REPORTED THEIR FIRST SEXUAL EXPERIENCE WAS **NONCONSENSUAL**
IN A KZN COMMUNITY STUDY

This is not a crisis that will self-correct. Wounded men raise wounded boys, who become wounded men, who in turn wound others. **We must break the cycle.** Our future depends on it.

One of the primary causes of destructive masculinity is fatherlessness.

Multiple studies point to the fact that the single greatest predictor of dysfunction in young people is

not poverty, race, or education; it is fatherlessness. **Fatherless children are significantly more likely to join gangs, commit violent crime, abuse drugs and alcohol, engage in early and risky sexual behaviour, commit or experience sexual abuse and suffer from depression and suicide.** It is safe to say that fatherlessness is the engine behind our most urgent social crises.

The clear and obvious solution is to heal, restore and equip men to be good men, fathers, mentors and role models. **To create lasting change, we must transform the hearts, minds, beliefs and behaviours of men.** This is what Father A Nation exists to do. And we are doing it, effectively, powerfully, and at scale. We run **proven, practical interventions** to dismantle destructive masculinity and stop GBV at its roots.

We operate from **three core convictions:**

- » **The solution to toxic masculinity is healthy masculinity.** When enough men live out a true, life-giving form of masculinity and hold each other to account, destructive behaviour drops.
- » **Teaching true masculinity helps fill the void left by absent fathers.** Our programmes equip men with an understanding of healthy masculinity that they never received growing up.
- » **Safe spaces for men to be vulnerable and supported lead to emotional healing and a reduction in harmful behaviour.** Giving men space to talk and process their emotions literally saves lives, reducing destructive behaviours like suicide, addiction and violence.

Good policing and prosecution are essential but not enough. If we are to be effective in reducing the incidence of GBV, we need to heal the hearts and transform the beliefs of men. This alone will change the way men behave at a broad societal level.

The passionate goal of Father A Nation is to prevent GBV from happening by restoring, equipping and inspiring men to be GOOD men, fathers, role models, partners and citizens.

OUR JOURNEY

View [red links](#) online

2010



FATHER A NATION IS BORN

Convinced that restoring and equipping good men was one of South Africa's greatest nation-building opportunities, Craig Wilkinson founded Father A Nation.

2012

HOLDING ONTO THE VISION

Following the closure of the African Dream Trust, FAN lost its principal source of funding but continued operating without permanent offices or full-time staff.

2013

FAN REGISTERED

Father A Nation was formally registered as a Non-Profit Company (NPC) and Public Benefit Organisation (PBO), laying the legal foundation for future growth.

2015



SOCCER FAN LAUNCH

In partnership with Active Events, FAN launched the first Soccer FAN tournament, bringing together over 1,000 men from 80 teams to inspire positive masculinity and fatherhood.

2016



MOBILISING MEN IN DE AAR

In partnership with Solar Capital, FAN launched a year-long intervention to equip 50 men as change agents against GBV, violent crime and fatherlessness in one of South Africa's most vulnerable communities.

2017

CARTE BLANCHE FEATURE

The impact of the De Aar programme attracted national attention and was featured on Carte Blanche, bringing FAN's work to audiences across South Africa.

2018



#NOEXCUSE FOR ABUSE

Craig developed the groundbreaking GBV prevention manual, unpacking why abuse happens and how we can stop it. AB InBev adopted it as the educational framework for their [national #NOEXCUSE campaign](#) and it was reproduced in 5 languages. It also formed a core part of the educational content used in FAN's school boy programmes.

2010

THE FIRST FATHERS

The 'Surrogate Father' Programme in Bophelong paired 22 trained surrogate fathers with 80 vulnerable children across 42 homes, demonstrating the life-changing influence of committed male role models. The first iconic FAN camps were conducted as part of the training.



2010

2013

THE FATHER A NATION PLEDGE

A public call for men to commit themselves to authentic masculinity and responsible fatherhood. Produced as a national campaign video, it became the defining commitment at FAN programmes across the country.

2014

OPTENTIA AWARD

Wilkinson received the 2013 Optentia Award from North-West University, recognising Father A Nation's pioneering work to strengthen communities and unlock human potential.

2013

2015

CHEETAHS TAKE THE PLEDGE

The Toyota Cheetahs Rugby Team, led by Head Coach Franco Smith and Captain Francois Uys, publicly took the Father A Nation Pledge, bringing its message of positive masculinity to professional rugby.



2015

2016

FIRST FAN SCHOOL PROGRAMMES

In partnership with Planet Productions, FAN launched its first high school programmes, inspiring boys to embrace positive masculinity.



2016

2018

NATIONAL PARTNERSHIP

The partnership with AB InBev enabled FAN to implement its methodology across all nine provinces through champ camps, college programmes, soccer tournaments, tavern dialogues and community interventions.



2018

15 YEARS OF

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2019



SIX PACK OF MASCULINE VIRTUES

Craig developed the 6 Pack of Masculine Virtues, a core part of the educational framework that continues to underpin FAN's work today in communities, organisations, colleges and schools.

2019



VOICES FOR CHANGE

Through a national competition, FAN invited young South Africans to use music, poetry and art to champion and spread the #NOEXCUSE message.

2020

BRAVEST THING CAMPAIGN

As GBV escalated during COVID-19 lockdown, FAN and AB InBev launched a confidential WhatsApp mentoring service encouraging men to seek help before they became abusive.

2021



CURRIE CUP PLAYERS JOIN THE MOVEMENT

Building on the Renew All Vows campaign, FAN trained 30 players selected as part of the Carling rugby initiative.



2021

ALEXANDRA CENTRE OPENS

FAN opened its first physical centre in partnership with AB InBev, providing mentoring, counselling and community support.

2022



SCHOOLS PROGRAMME EXPANSION

New partnerships enabled FAN to expand its preventative school programmes across five provinces, equipping thousands of boys and girls to understand healthy masculinity and stay safe from GBV.

350K+ IMPACTED SINCE 2010

2025

INDEPENDENT EVALUATION

Independent monitoring and evaluation confirmed measurable improvements in participants' knowledge and attitudes, validating FAN's proven methodology.

2025



COMMUNITY AWARDS

Father A Nation received two awards for its contribution to mentoring boys and young men, fostering positive masculinity and GBV prevention.

2019

THE CALL TO MEN

FAN's 6 Pack of Masculine Virtues was transformed into the #NOEXCUSE iGwijo - a powerful traditional Zulu anthem calling men to honour, protect and never abuse women.



2019

GBV PREVENTION AT SCHOOLS

FAN secured funding to implement a "You're Safe With Me" programme in schools across Gauteng, teaching Grade 11 boys about healthy masculinity, bullying, GBV and promoting prevention.

2019

2020

LEARNING GOES ONLINE

#NOEXCUSE and 6 Pack were made into free online courses with certificates, #NOEXCUSE was translated into 4 languages. Both were later adapted into printed training manuals.



2020

RENEW ALL VOWS

FAN and #NOEXCUSE launched Renew All Vows, inviting men across South Africa to renew their commitment to honouring, protecting and never abusing women.



2020

2022

THE SIX VIRTUES BECOME ART

Six South African artists interpreted FAN's Virtues of Positive Masculinity in a landmark #NOEXCUSE exhibition during 16 Days of Activism.



2022

NATIONAL MEN'S CAMP

117 representatives from all 52 districts of South Africa attended the country's first National Men's Camp.



2022

2024

PSL PROGRAMME

FAN developed a bespoke programme for the Professional Soccer League, to equip players and staff to become champions for positive masculinity, mental wellbeing and the fight against GBV.

2024

COMMUNITY PARTNERSHIPS

FAN trained over 2,000 men through 43 Ga-Rankuwa taverns, demonstrating that GBV prevention and positive masculinity can be embedded in local communities.



2023

2025

A NATIONAL VOICE

Fifteen years after its founding, FAN had become a trusted voice in fatherhood, positive masculinity and GBV prevention, contributing to G20 dialogues and other national platforms.



2025

OUR JOURNEY

FROM VISION TO NATIONAL IMPACT



2010-2012 | A VISION AHEAD OF ITS TIME



Father A Nation (FAN) began in 2010 after Craig Wilkinson witnessed the devastating impact of fatherlessness while leading African Dream Trust programmes in Bophelong. There he became convinced that restoring and equipping men to be present fathers, mentors and role models was one of South Africa's greatest nation-building opportunities. Seeing multitudes of fatherless, orphan-led households and many capable men disconnected from purpose, Craig developed the FAN Surrogate Father Programme.

Following rigorous selection and training, 22 surrogate fathers were deployed to offer guidance, mentorship and support to 80 orphans and vulnerable children across 42 homes. The three-year programme was a resounding success, giving children the love, security and mentoring they would otherwise not have had. The school attended by the children reported exponentially improved academic results, and even after funding ended, several men continued serving

voluntarily - an early reflection of the commitment that would come to define FAN. The programme's remarkable impact attracted national attention and was featured on [eNCA's *Against All Odds* in 2012.](#)

2013-2017 | HOLDING ONTO THE VISION

Following the closure of the African Dream Trust, FAN lost its principal source of funding. Rather than abandoning the vision, FAN was formally registered as a Non-Profit Company (NPC) and Public Benefit Organisation (PBO) in 2013 and continued without permanent offices or full-time staff, delivering men's retreats, rites-of-passage camps, mentoring initiatives and community programmes whenever funding became available. In 2013 Craig received North-West University's Optentia Award, recognising FAN's pioneering Surrogate Father Programme and its contribution to community empowerment and human flourishing. These years became foundational in refining the organisation's approach.



15 YEARS OF RAISING GOOD MEN

to end GBV, crime and fatherlessness.



Craig created the **Father A Nation Pledge**, which became the defining commitment at FAN programmes and was later taken publicly by the Toyota Cheetahs national rugby team. The first Soccer FAN tournament brought together more than 1,000 men, while a partnership with Planet Productions launched FAN's first high-school programme. A standout year-long programme in De Aar, funded by Solar Capital, equipped 50 men as leaders and community change agents against GBV and fatherlessness. Its impact attracted national attention and led to FAN being featured on **Carte Blanche in 2017**.

2018-2019 | A NATIONAL BREAKTHROUGH

After years of developing and refining its approach, Father A Nation reached a defining milestone.



Understanding the urgency of South Africa's growing GBV crisis and drawing on years of community experience, Craig Wilkinson developed a **groundbreaking training manual** on understanding and ending GBV.



AB InBev's heads of marketing and CSI recognised the strength of the material, and adopted it as the educational framework for its national **#NOEXCUSE For Abuse** campaign. The resulting partnership brought together shared vision and complementary strengths: Father A Nation contributed a proven methodology and practical experience working with men in communities, while AB InBev provided the reach to take that work to **hundreds of thousands of people across all nine provinces**.



The programmes included Soccer FAN tournaments, tavern dialogues, men's camps, college programmes and community interventions. During this period, Craig also developed the now-renowned **Six Pack of Masculine Virtues**, completing a comprehensive educational framework that continues to underpin the three pillars of FAN's mission: **fatherhood, positive masculinity and GBV prevention**. In 2019, this material reached further through a **You're Safe With Me** programme at five Gauteng schools, a national talent competition





380K+
PEOPLE
IMPACTED



9
PROVINCES



120+
COMMUNITY
PARTNERS



180+
SCHOOLS,
COLLEGES &
UNIVERSITIES



30+
PARTNERS
& DONORS

encouraging young people to express the #NOEXCUSE message through music, art and poetry, and the **#NOEXCUSE iGwijo** - a powerful Zulu call-and-response anthem built around the Six Virtues.

2020 | INNOVATION THROUGH CRISIS

COVID-19 brought in-person programmes to an abrupt halt. In response, FAN and AB InBev developed the **Bravest Thing** campaign: a safe, confidential WhatsApp-based mentoring and support service for men experiencing abuse, either as victims or perpetrators. FAN's trained mentors responded to thousands of calls, helping to de-escalate potentially harmful situations.



FAN also converted the NOEXCUSE and SIX PACK programmes into **free online interactive courses** and translated the NOEXCUSE course into isiZulu, Afrikaans and Sesotho, ensuring support and training continued during the pandemic. **During 16 Days of Activism, FAN and #NOEXCUSE launched *Renew All Vows***, inviting men across South Africa to publicly recommit themselves to honouring, protecting and never abusing women.

2021-2024 | FROM MOVEMENT TO NATIONAL VOICE

As restrictions eased and South Africa increasingly recognised prevention as an essential part of addressing GBV, Father A Nation's long-held convictions and methodology gained wider recognition.



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Growing media attention reflected FAN's increasing influence and contribution, while new funding partnerships, including the Danish Embassy, Ford Foundation and Standard Bank, enabled FAN to **significantly expand its preventative programmes into schools**, and further its reach across communities, campuses and workplaces. **In 2021, FAN opened its first physical support centre in Alexandra**, staffed by mentors and two Lifeline counsellors. **In 2022, representatives from all 52 districts attended the country's first national men's camp**, while six South African artists brought FAN's Six Virtues to life in a landmark **#NOEXCUSE** exhibition during 16 Days of Activism. Another key initiative saw FAN **partner with more than 40 taverns in Ga-Rankuwa** to deliver training and awareness programmes on positive masculinity and GBV prevention. FAN also had the opportunity to **train Currie Cup national rugby players** and develop a **bespoke programme for all 16 PSL soccer teams**, further extending its influence through professional sport.

2025 | BUILDING FOR THE FUTURE

In 2025 FAN celebrated fifteen years since its inception. The long-standing AB InBev partnership entered a new chapter through SAB Sharp, while **independent monitoring and evaluation demonstrated measurable improvements in participants' knowledge and attitudes**. FAN continued to expand its network of partners, facilitators and supporters, while receiving growing media recognition, **invitations to national dialogues, including the G20, and community awards**. What began as a small programme in Bophelong had become a nationally recognised organisation and trusted voice, with a proven methodology for promoting fatherhood, positive masculinity and preventing GBV. To date, **more than 30 corporations, foundations, embassies, government departments, trusts and individual donors have invested in Father A Nation's mission**. It is a story of vision, resilience, persistence, breakthrough, growth and, above all, impact. **Driven by the same conviction that inspired its founding**, FAN remains committed to restoring and equipping good men to **build stronger families, safer communities and a thriving nation**.

OUR PROGRAMMES

Our range of programmes, material and interventions directly address the dire issue of gender-based violence (GBV), fatherlessness and destructive masculinity. These include:



1. WORKSHOPS, DIALOGUES AND TRAINING SESSIONS

at schools, colleges, community centres and organisations in both the public and private sector.



2. FREE ONLINE COURSES IN FOUR DIFFERENT LANGUAGES

(English, Zulu, Sotho, Afrikaans) covering positive masculinity as well as understanding and overcoming GBV.



3. BOOKLETS AND TRAINING MANUALS

covering GBV, fatherhood and positive masculinity.



4. COMMUNITY-BASED EVENTS

ranging from sporting events to street activations, tavern interventions and community hall gatherings.



5. MENTORSHIP PROGRAMMES

involving community-based mentors actively engaged in mentoring men in their communities.



6. TRANSFORMATIONAL CONVERSATIONS WITH MEN IN COMMUNITIES

in small, facilitated groups called Bands of Brothers. These groups have proved life changing for many men and life saving for both men and women.



7. CORPORATE TRAINING AND WEBINARS

for staff on understanding and overcoming GBV at home, in communities and in the workplace.



8. SCHOOL & COLLEGE INTERVENTIONS

to teach boys and young men the principles of positive, healthy masculinity.



9. ADVENTURE-BASED CAMPS

for high-impact personal transformation and training for men.



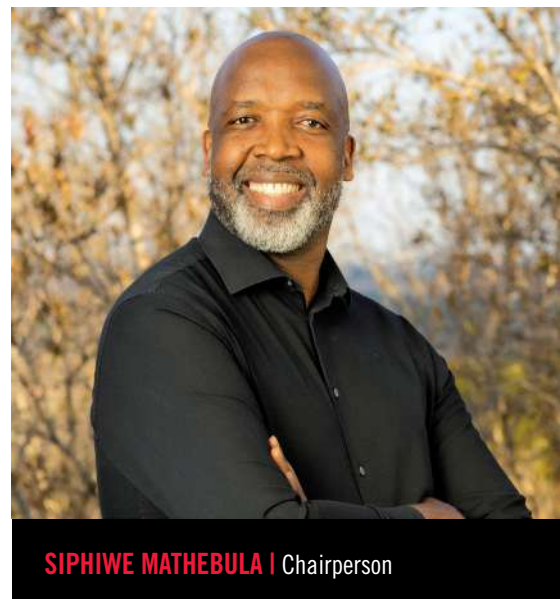
10. SURROGATE FATHERS

Equipping and mobilising men to become surrogate fathers to orphans and vulnerable children (OVCs) in communities.

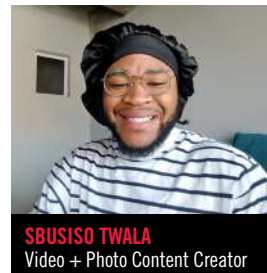
OUR TEAM

Father A Nation's impact is only possible because of a dedicated team of staff, mentors and volunteers who bring the organisation's values to life every day.

DIRECTORS

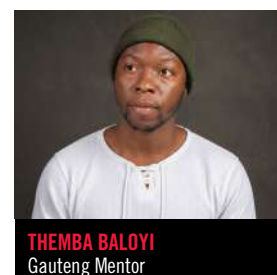
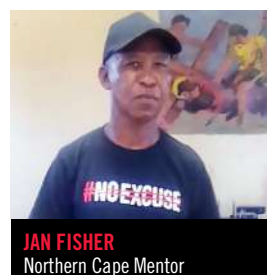


HEAD OFFICE STAFF



Craig, Zizipho, Themba and Sydney travel to schools, colleges, companies and communities to run programmes, conversations and training. In addition, we have a group of skilled facilitators and field workers we contract on a project-by-project basis.

COMMUNITY-BASED STAFF



Our full-time mentors form the backbone of our community-based activities. They are tasked with setting up and running community events, responding to helpline requests, taking men through the *No Excuse For Abuse* and *6 Pack of Champion Virtues* courses, developing partnerships with organisations involved in the community and running conversations with groups of men about positive, healthy masculinity and GBV.

TRAINING RESOURCES

Over the past fifteen years, Father A Nation has developed practical, evidence-informed resources that equip parents, educators, mentors and organisations. **There are three bodies of material which form the basis of our interventions:**



1. NO EXCUSE FOR ABUSE

addresses gender-based violence (GBV). It unpacks what GBV is, the many forms it takes, why it happens, why men abuse, healthy vs unhealthy masculinity and the actions men and women can take to stand against it.



2. THE SIX PACK OF MASCULINE VIRTUES

presents the Six Virtues which are at the core of positive, healthy masculinity. This is designed to be the voice of the father that many men never had and teaches and inspires men to use their strength for good, not to be passive and never to be aggressive.



3. THE 12 DADVERBS

teaches men how to be excellent fathers. It unpacks 12 key actions that every father needs to take throughout his children's childhood to be the father that they need him to be.

Over the years we have developed this material, in partnership with Goodwilko, into a number of different resources which we make use of in our interventions:

NO EXCUSE FOR ABUSE

- » **Free Online Courses** in English, Zulu, Afrikaans and Sotho, each with an eCertificate on completion
- » **A5 booklet** – print and digital version in English, Zulu, Afrikaans, Xhosa and Oshiwambo
- » **A4 Workbook with Certificate** in English, Zulu and Afrikaans for running the course in physical workshops
- » **Printed Certificate**
- » **A4 Facilitator's Guides** for courses
- » **Powerpoint Version of course content**
- » **Mini free online course** (15 minutes)



6 PACK OF MASCULINE VIRTUES

- » **Free Online Course** in English with an eCertificate on completion
- » **A5 Booklet** – print and digital version in English
- » **A4 Exercise Book** in English for men
- » **A4 Workbook** in English for school boys
- » **Printed Certificate**
- » **PowerPoint Version of course content**



FREE FROM ABUSE

- » **A5 booklet** for girls and women in English

CHAMPIONS FOR CHANGE HANDBOOK

- » **A4 Workbook** in English for men

CHAMPIONS FOR CHANGE PSL PLAYER PROGRAMME

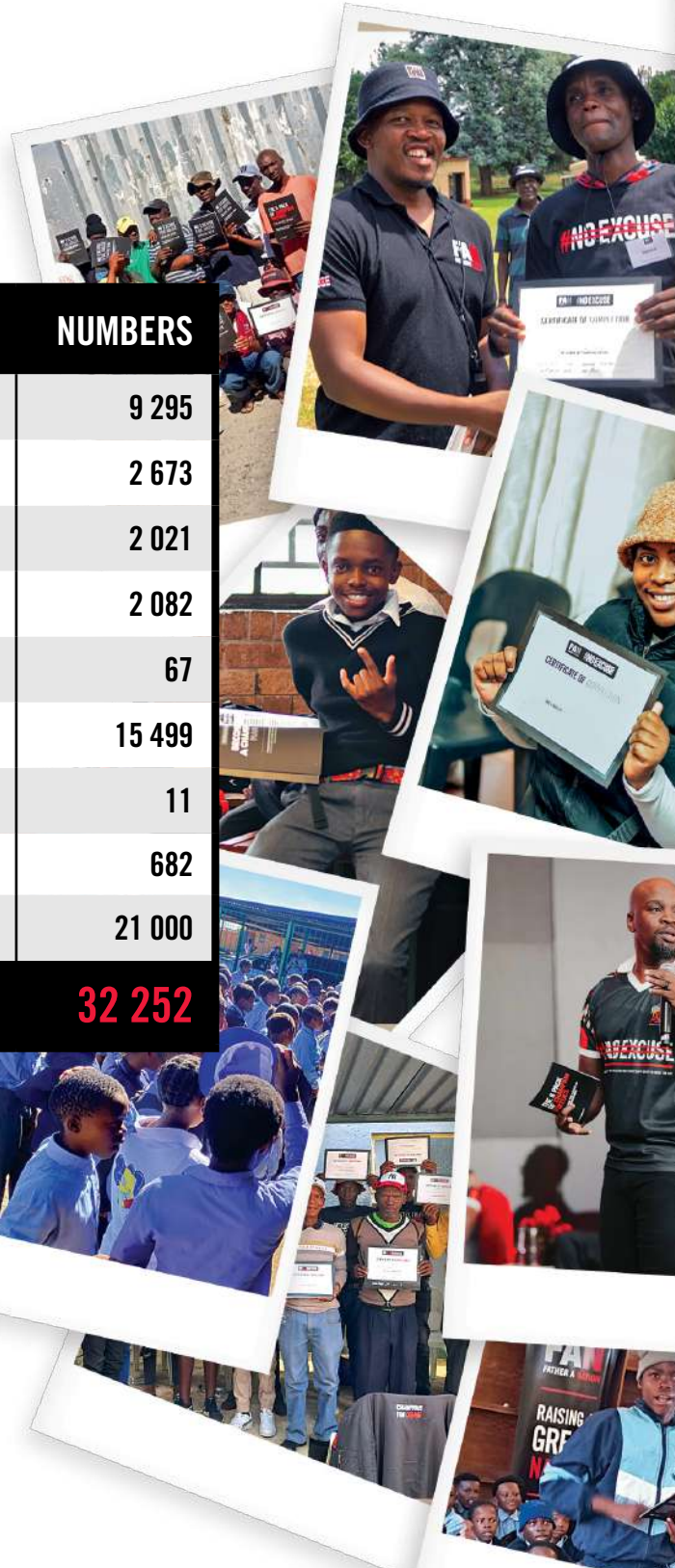
- » **A4 Workbook** in English for men



2025 IN NUMBERS

The following table provides a summary of the different interventions we carried out in 2025, and the number of lives impacted by each.

INTERVENTION	NUMBERS
Champions for Change participants	9 295
Bravest Thing interactions	2 673
Manual Course completions	2 021
Online Course signups	2 082
Schools visited	67
School learners in attendance	15 499
Corporate workshops	11
Corporate Delegates	682
Booklets Printed	21 000
TOTAL IMPACTED	32 252





2025 PROJECTS AND INTERVENTIONS

1. THE CHAMPIONS FOR CHANGE PROGRAMME

The Champions for Change (C4C) programme restores and equips men to be the fathers, partners, mentors and role models their families and society needs them to be. It provides men with the **knowledge, tools and support they need to live with healthy masculinity and break cycles of abuse, violence, and neglect.**

Initially developed to address the scourge of gender-based violence, the intervention has grown into an **effective tool for transforming men's attitudes, beliefs and behaviours in ways that produce a multitude of valuable and important benefits to entire communities.**

It is unique in its effectiveness in addressing many of the destructive issues facing communities, including **violence, gangsterism, alcohol and substance abuse, domestic violence, suicide, fatherlessness and gender inequality.**

Men exposed to the programme **report:**

- » Becoming **better fathers**
- » **No longer** binge drinking
- » Being able to **manage their anger**
- » Finding emotional and **psychological healing**
- » Developing **accountable relationships** with other men
- » Becoming better **role models, partners and community members.**



The intervention involves **three phases:**

1. **EQUIPPING:** Training men as mentors, role models, and change agents.
2. **ENGAGING:** Facilitating healing dialogues and training to address emotional wounds and teach positive, healthy masculinity.
3. **SUPPORTING:** Establishing peer support groups called **“Bands of Brothers”** that promote accountability and resilience.



THE PROGRAMME IS DESIGNED TO BECOME COMMUNITY-LED AND SELF-SUSTAINING AND BECAUSE OF ITS EFFECTIVENESS AND SCALABILITY WE ARE ON A STRONG DRIVE TO GROW IT INTO A BURGEONING NATIONAL MOVEMENT.

As we have worked with men over many years and in multiple communities around South Africa, **we have come to recognize several crucial needs that are unmet in most men's lives:**

- » Present and engaged **fathers or father figures.**
- » Strong, positive, relatable **male role models and mentors.**
- » **Positive, affirming messaging** about men and masculinity.
- » **Safe platforms** for honest, open, vulnerable dialogue.
- » Teaching on **healthy masculinity, fatherhood, lifestyles and choices.**
- » **A community of supportive men** and peers with a positive influence.

The C4C intervention is designed to address all of these.

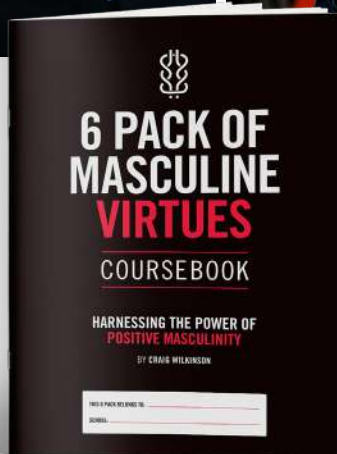
THE GOAL:

- » **Reduced levels of gender-based violence** and domestic abuse.
 - » **Increased involvement of fathers** in children's lives.
 - » Formation of community-led, **male support groups.**
 - » **Shifts in attitudes** toward gender equality, emotional expression, and violence.
 - » **A national movement** of positive, healthy masculinity.
-

We have found a genuine hunger in men for true brotherhood, mentoring and teaching on masculinity and for safe platforms to share their pain and frustration. One of the great features of the C4C intervention is that it equips and inspires men to continue meeting and encouraging each other after the formal programme has ended. This, together with the local partnerships we develop with **schools, NGOs, faith-based organisations, CBOs, and government departments** contributes greatly to organic growth and long-term sustainability. **The programme is designed to become community-led and self-sustaining** and because of its effectiveness and scalability we are on a strong drive to grow it into a burgeoning national movement.

To see and hear some of the stories of men who have benefitted from the programme, visit:

fatheranation.co.za/C4C-redemption-stories



2. SCHOOL AND COLLEGE PROGRAMMES

Working with Departments of Education, Social Development, SAPS, School Governing Bodies and Community-based Organisations, Father A Nation set up and ran workshops at **67 schools and colleges** in communities around Gauteng, the Free State and North West provinces reaching over **15,000 learners**.



The goal of these interventions is to reduce and ultimately eliminate destructive behaviour such as GBV, bullying and substance abuse by:

- » Teaching and inspiring boys to live with positive, healthy masculinity.
- » Equipping and inspiring male learners to stand against abuse of any kind.
- » Teaching girls the various forms that GBV takes and the actions they can take to stand against it.

"THIS PROGRAMME DID NOT JUST TEACH THEORY: IT CREATED A MOVEMENT IN OUR SCHOOL."



Some of the **common challenges** facing schools in the communities we visited:

- » Poverty.
- » Lack of service provision and delivery.
- » Crime and a collapse of law enforcement.
- » Lack of positive male role modelling.
- » Lack of parental presence and supervision.
- » Sibling led households.
- » Gangsterism.
- » Alcohol and substance abuse.

Here are some of the **devastating effects** these issues have on learners:

- » Depression and anxiety.
- » Joining gangs seeking masculine energy and affirmation.
- » Choosing a life of crime and delinquency.
- » Engaging in early and risky sexual behaviour.
- » Experimenting with drugs and alcohol.
- » Engaging in abuse and violence.

The feedback we received from both educators and learners was **overwhelmingly positive**.

Every one of the educators questioned said that this programme will **assist in reducing bullying** and all of them requested that FAN return to continue with the work. Here are some of their comments.

*“As an educator and a parent, I was deeply moved by the Gender-Based Violence and Positive Masculinity programme. At Moqhaka Secondary, our learners often battle with peer pressure and misguided ideas of what it means to be “strong” or “popular”. **The training gave them a new language – one rooted in respect, equality, and dignity.** After the sessions, many learners came forward to thank teachers for “finally listening” to them. **Boys expressed how much pressure they felt to conform to harmful behaviours, and girls shared relief that their voices were being acknowledged.** Our teachers are now integrating these lessons into everyday classroom management. **Parents have commented that their children are starting to show kindness and responsibility at home, like helping siblings, apologizing when wrong, and treating mothers with greater respect.** This programme did not just teach theory: it created a movement in our school. We are confident that we are nurturing a generation that will stand against violence and embody positive masculinity as true citizens.”*

Mrs. Khumalo: Principal at Moqhaka Secondary School, Sebokeng, Gauteng.

*“We need more visits because **there are boys who are involved in gangsterism, some of these kids start experimenting with alcohol as young as 10** and the situation gets out of control whenever we try to involve parents who are in denial. We need more.”*

Mr. Mathe, Principal Mopholosi Secondary School, Lakeside Evaton.

“Our learners need these programs, and we never know who to ask for these interventions. Having Father A Nation here shows us that we can do more for our boys and that we need to do more.”

Mrs. Mpho Tsotetsi, Dept. Social Development



3. CHAMP CAMPS

Using the principles of experiential and adventure-based education we take groups of up to 100 men at a time through a dynamic, life changing 2-day, 2-night camp.

Something extraordinary happens when men step away from the noise of everyday life and enter a space of authentic brotherhood, reflection and learning. Walls come down, healing begins and real commitments are made. The dynamic and experiential nature of these camps, which take place in nature, has proved **highly effective in training and equipping men for their role as community mentors.**



**SOMETHING EXTRAORDINARY
HAPPENS WHEN MEN STEP AWAY
FROM THE NOISE OF EVERYDAY
LIFE AND ENTER A SPACE OF
AUTHENTIC BROTHERHOOD,
REFLECTION AND LEARNING.**

This year we ran two Champ Camps: one in Gauteng with **60 men from Alexandra** and another in Sedgefield with **50 men from Khayelitsha**.





4. GBV AND POSITIVE MASCULINITY TRAINING

For the second year running we received funding from the GBVF Fund to take 2,000 men and women through the *No Excuse For Abuse* training workshop in **communities identified as GBV hotspots in Gauteng and the Western Cape.**

We ran workshops in Delft, Dobsonville, Tembisa, Diepsloot, Nyanga, Khayelitsha, Honeydew, Alexandra, Gugulethu and Orange Farm. Our team of mentors in these areas engaged with CBOs, NGOs, Community Policing Forums, Law Enforcement, Colleges, Safe Houses, Government Departments and Councils to recruit participants and set up workshops. **By the end of the year, we had taken 2,021 men and women through the #NOEXCUSE GBV workshop, providing them with a certificate on completion.**

In addition to these in-person training workshops we continued to promote our free online courses which gained an additional 2,082 sign-ups in 2025. Combined with the GBVF training this made **4,103 men and women who have been equipped to understand and overcome GBV during 2025.** This brings the total number since we developed the courses in 2020 to 67,276.

COURSE	2025	TOTAL
ONLINE	1 481	14 229
#NOEXCUSE English	120	7 196
#NOEXCUSE Zulu	5	180
#NOEXCUSE Afrikaans	4	43
#NOEXCUSE Sotho	6	43
#NOEXCUSE short course	601	4 668
6 PACK	1 346	6 767
MANUAL	2 021	48 243
TOTAL	4 103	67 140

THE TOTAL NUMBER OF MEN AND WOMEN
WHO HAVE BEEN EQUIPPED TO OVERCOME
GBV SINCE 2020 IS **67,276**.



5. BRAVEST THING **HELPLINE**

The Bravest Thing programme was developed during the 2020 COVID lockdown to provide a way for men and women to reach out for help silently and confidentially via a WhatsApp message even if their partner was within earshot.

Messages from women were referred to Lifeline and messages from men were handled by a team of Father A Nation mentors. During 2025 a strategic decision was made to change the system to a web-based call centre to better track the interactions between caller and mentor. Men seeking help still do so via WhatsApp and the request is picked up and responded to by a FAN mentor on a web-based platform. Most of the interactions remain text-based unless the severity of the case requires verbal interaction or referral to an expert.

Men reaching out for help are asked to select one of the following 5 options:

1. You are struggling emotionally
2. You need relationship help or advice
3. You are feeling suicidal
4. You are afraid you might abuse someone
5. You need help with anger issues

Approximately 20% of the men seeking assistance genuinely need help and **there have been some heart-warming stories of lives helped, changed and even saved through the advice and brotherhood of the FAN mentors.**

**“I WAS TRYING TO KILL MYSELF,
BUT I WILL NEVER DO THAT AGAIN.”**

Talking with 27762228441

02a663ba-4305-4199-a30e-7ed29bcee13c • Contacted 3 months ago • Created 3 months ago

All Replies Notes Events Files 0

"struggling emotionally" tag added via API 11:26 AM

Route struggling emotionally changed queue from Default Queue to struggling emotionally 11:26 AM

Auto Assignment changed assignment from LifeLine default to Rathabeng Mamabolo 11:26 AM

27762228441

My struggling with lot of things in my mind , I'm so depressed my life is so stagnant nothing . I'm at my own where I'm staying and my family abandon me. I only survive with this SRD which is not enough and I'm in my mid 50s . Since I lost my list in 2012 in Saps my life have been hell. Sometimes I will go to bed without any meals for two to three days. I have sleepless nights, feeling like to be at my own or alone . Just withdrawn now from people even going to church I'm longer. Lost tremendous weight thin now . I cry slot alone, my kids on side also stressing me out my son he is drugs he doesn't want to go for help. My daughter she is rebellious on other side . I keep on asking myself what the hell it's going with my life my family. I'm staying at the friend's shack as there's is family dispute pertaining with my father's estate ,which is delaying to be Winding up by the Executor . ❤️❤️😭

SHOW LESS

11:27 AM

Agent Rathabeng Mamabolo changed status from OPEN to CLOSED 11:36 AM

From: 27800150150 To: 27762228441

HERE ARE SOME OF THEIR STORIES

A 25-year-old man reached out while experiencing intense family pressure and was in the process of attempting to take his own life.

The FAN mentor engaged him with calm, supportive words and successfully de-escalated the situation, ensuring his immediate safety. Through the conversation, the young man regained emotional stability and, in his own words, stated, **“I was trying to kill myself, but I will never do that again,”** indicating a decisive shift away from self-harm and a renewed commitment to life.

A male individual contacted the helpline expressing concern about his own abusive behaviour toward his partner and fear that such behaviour might recur.

He demonstrated awareness of the seriousness of the situation and reached out proactively for support. The FAN mentor engaged the individual calmly, de-escalated heightened emotions, and focused on accountability, self-regulation, and immediate risk reduction. The mentor assessed the individual's location to enable appropriate follow-up and further engagement. As a result of the intervention, the individual was connected to a mentor and agreed to ongoing support, indicating a commitment to taking responsibility and actively working toward behavioural change.

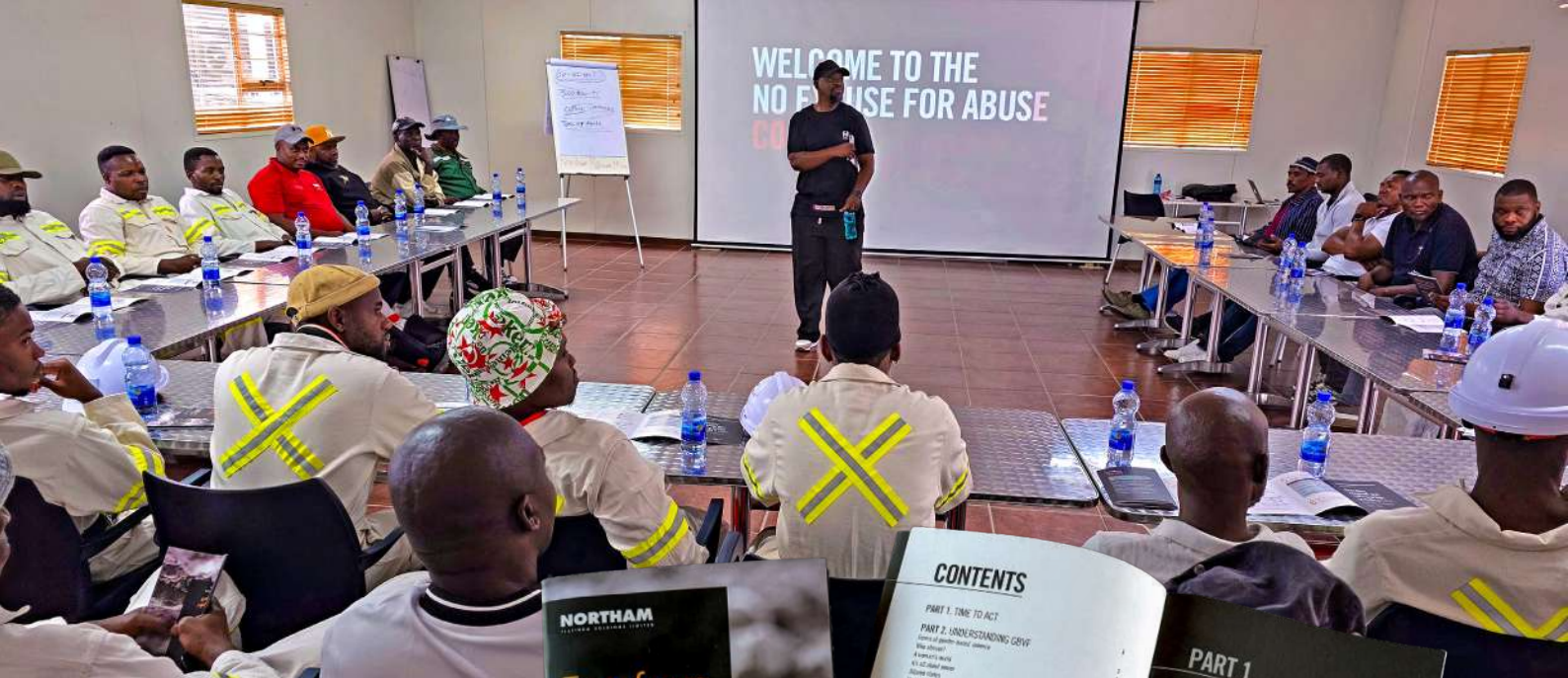
A young man contacted the helpline expressing feelings of rejection and hatred from his family and disclosed that he was contemplating suicide.

The FAN mentor responded promptly, provided emotional support, and successfully de-escalated the situation by actively listening and validating his feelings. An arrangement was made for ongoing supportive conversations over the following days to ensure continued engagement and monitoring. The young man agreed to this plan and has been responding positively, reporting improved emotional stability since the initial interaction.

A male individual contacted the helpline experiencing significant emotional distress related to the recent death of his wife.

He expressed feelings of grief, isolation, and difficulty coping with the loss. The FAN mentor engaged him with empathy and patience, allowing him space to share his emotions while providing emotional support and reassurance. Through the conversation, the mentor encouraged the individual to seek external assistance and emphasized the importance of not grieving alone. By the end of the interaction, the individual agreed to pursue professional help and to connect with a support group for bereavement, indicating an increased willingness to access ongoing support. A record of the interaction has been documented for monitoring and follow-up purposes.

THE INDIVIDUAL WAS CONNECTED TO A MENTOR AND AGREED TO ONGOING SUPPORT, INDICATING A COMMITMENT TO TAKING RESPONSIBILITY AND ACTIVELY WORKING TOWARD BEHAVIOURAL CHANGE.



6. CORPORATE PROGRAMMES

Organisations are microcosms of society and present a great opportunity for training and transformation that can filter back into the diverse communities in which their staff live.

That's why FAN offers training programmes for organisations in both the public and private sector. This year we were tasked by one of South Africa's largest platinum mining companies to take their entire staff complement through a series of workshops on understanding and overcoming gender-based violence.



WE WERE TASKED BY ONE OF SOUTH AFRICA'S LARGEST PLATINUM MINING COMPANIES TO TAKE THEIR **ENTIRE STAFF COMPLEMENT THROUGH A SERIES OF GBV WORKSHOPS.**



We customised the **No Excuse For Abuse** booklet for the specific needs of a mining company with its large contingent of underground staff and tremendous diversity and commenced the process of taking their staff through our GBV workshop. The emotive and interactive nature of the workshop combined with the **wonderful diversity of the participants** has kept our trained facilitators on their toes and made the sessions enormously interesting and beneficial to all. We will continue running these workshops throughout 2026.





7. PSL TRAINING

From our partnership with Carling Black Label and their sponsorship of the Carling Cup emerged a very exciting opportunity to work with **the players and staff of all 16 Professional Soccer League (PSL) teams.**

We were tasked at the end of 2024 with developing a programme aimed at equipping and inspiring both players and staff to understand and live with positive, healthy masculinity, enjoy good mental health, be excellent role models and be Champions in the fight against GBV. To do this we produced a customised personal development manual called “Become A Champion Man” for the teams which combines elements of the *6 Pack of Masculine Virtues* and *No Excuse For Abuse* courses with additional material on maintaining good mental health by psychologist Sabelo Gumede. The goal is for the players, who are stars and heroes to so many young men, to use their influence and following to amplify the #NOEXCUSE message to a large audience of fans and inspire broad-based action amongst South Africans to speak out and stand up against abuse.

The process of taking all the teams through the workshops continued in 2025 and will be an ongoing programme into 2026.



THE GOAL IS FOR THE PLAYERS, WHO ARE STARS AND HEROES TO SO MANY YOUNG MEN, TO USE THEIR INFLUENCE AND FOLLOWING TO AMPLIFY THE #NOEXCUSE MESSAGE.



PARTNERSHIPS



Any NPO's level of effectiveness and impact in communities is directly proportional to the **number and quality of partnerships they have.**

FAN has been intentional about finding and developing key partnerships in all the communities in which we operate, which has significantly increased the impact and reach we have been able to achieve.



HERE IS A LIST OF ORGANISATIONS WE HAVE **PARTNERED WITH:**

- » City parks
- » Clinics
- » Community Centres
- » Community Policing Forums (CPFs)
- » Community Radio Stations
- » Department of Agriculture and Rural Development
- » Department of Cooperative Governance & Traditional Affairs
- » Department of Employment and Labour
- » Department of Health
- » Department of Social Development
- » Faith-Based organisations
- » FAMSA
- » Gender Commission
- » Independent Electoral Committee (IEC)
- » Justice Department
- » Men's forums
- » Municipalities
- » National Education, Health & Allied Workers' Union
- » National Youth Development Agency
- » NGOs
- » SA National AIDS Council (SANAC)
- » SA Police Services
- » SABC 1
- » Schools
- » Social workers
- » South African Council of Churches (SACC)
- » South African Democratic Teachers Union (SADTU)
- » South African National Council on Alcoholism and Drug Dependence (SANCA)
- » Street committees
- » Taxi associations
- » Traditional & Religious Leaders
- » TVET Colleges
- » Universities
- » Ward Councillors
- » Youth Centres



MONITORING AND EVALUATION

Accurately evaluating the impact and effectiveness of one's programmes is one of the greatest challenges of any non-profit organisation, not only because of the expense of doing so but also the challenge of **establishing metrics and accurately measuring impact against them over time.**

Few funders offer funding for M&E, yet almost all ask to see evidence of impact. This creates a real catch-22 for NPOs. This year we were fortunate to have SAB Sharp fund an M&E study on the Champions for Change programme which we ran in Alexandra and Khayelitsha.



The evaluation was conducted by **DNA Economics** and assessed changes in participants' knowledge, attitudes and behaviours. The findings provide encouraging evidence of the programme's effectiveness. The programme resulted in considerable knowledge improvements amongst participants. Data collected from participants pre- and post-session surveys showed substantial gains in awareness and knowledge of all concepts related to GBV. Participants

were given a set of statements and asked to state whether these were true or false. The same statements were presented in both pre- and post-session surveys. This is testament to the effectiveness of the dialogues, and how they challenged men in their thinking and their ability to identify some actions and statements as either true or false. Mentors corroborated these quantitative findings, noting observable shifts in participants' understanding and the nature of discussions, indicating that the dialogues successfully reframed what constitutes important masculine discourse from trivial social topics to substantive issues of relationships, accountability, and violence prevention.

1. CHANGE IN KNOWLEDGE AND AWARENESS

Independent Evaluation Findings (DNA Economics)

"Participants showed a stronger understanding of GBV, consent, harmful gender norms and positive masculinity.

Mentors also deepened their understanding of same through facilitation and continuous engagement with the participants."

"NOW MEN ARE ABLE TO MEET AND TALK ABOUT RELEVANT MEN TOPICS AND NOT GIRLS AND SOCCER."

– *Mentor Focus group discussion*

2. CHANGE IN ATTITUDE AND CONFIDENCE

Independent Evaluation Findings (DNA Economics)

"The C4C programme contributed to positive shifts in participant and mentor attitude and confidence.

Participants reported more supportive attitudes towards gender equality, emotional openness and speaking out against harmful behaviours as observed. Mentors showed stronger rejection of harmful norms and authority. Exposure to the programme seems to have increased men's confidence to reflect, share personal struggles and engage in difficult conversations. It has also, importantly, helped to create safe spaces for vulnerability and enforce peer learning."

"THE CHANGE FOR ME IS BIG. I HAVE SEEN THE PASSION FOR HAVING ACTION. I NOW STAND UP FOR OTHER MEN - IT MAKES ME FEEL GOOD AND GIVE ME PURPOSE."

– Mentor Focus group discussion

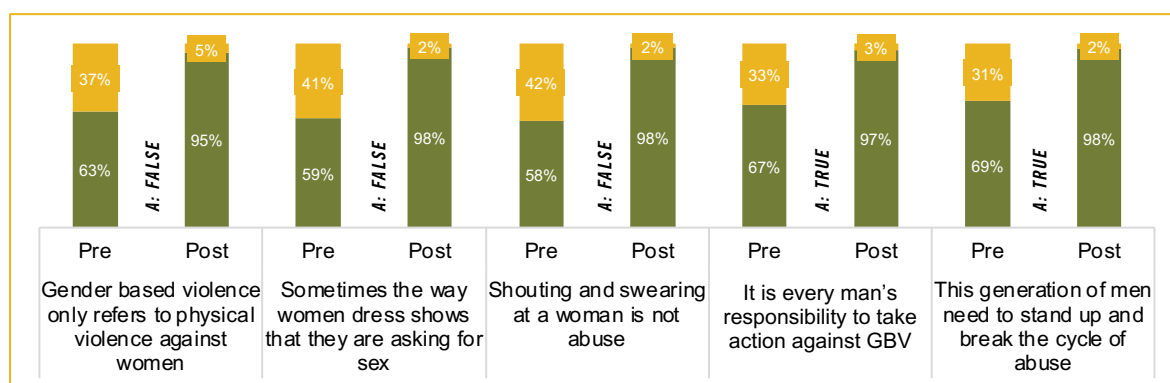
3. CHANGE IN BEHAVIOUR: PARTICIPANT

Independent Evaluation Findings (DNA Economics)

"Post-session participant behaviour reveals promising progress.

Early pointers of behaviour change were observed and are overall promising. Participants reported progress towards personal goals as being better fathers, breaking harmful habits and improving relationships. The formation of "Band of Brothers" is an important occurrence in the programme as it provides a platform for peer accountability and sustained engagement."

FIGURE 1. Percentage of participants who correctly identified whether each knowledge statement was true or false in the pre- and post-programme surveys.



Source: Participants' pre-session survey Zoho survey, DNA Analysis; Participants' post-session survey Zoho

4. CHANGE IN BEHAVIOUR: MENTOR

Independent Evaluation Findings (DNA Economics)

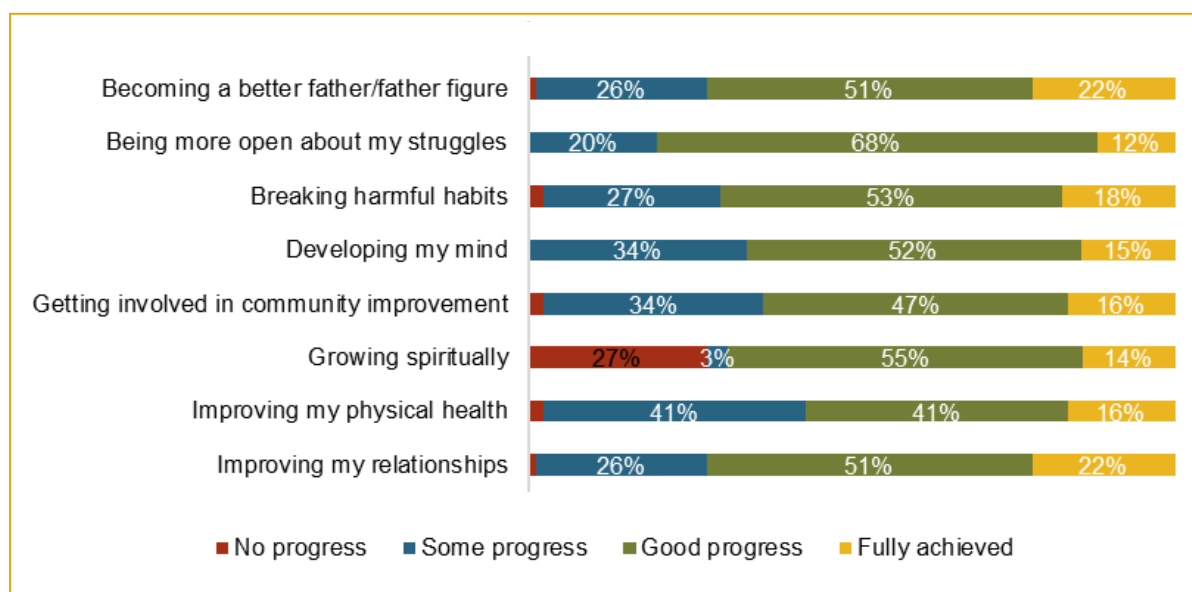
"The programme enabled mentors to translate existing positive attitudes into tangible behaviour changes.

Mentor self-reported data reveals high aspirations alongside substantial progress."

"MENTORS WERE SPEAKING AND CRYING AT THE CAMP ABOUT GROWING UP WITHOUT A FATHER AND HOW THIS AFFECTED THEIR PARENTING. THESE SAME MENTORS NOW REPORT LOOKING AFTER THEIR CHILDREN BETTER."

– Mentor Focus group discussion

Which of the following personal goals have you achieved or made progress towards since attending the Champions for Change dialogues? (Select all that apply)



DNA Economics
Celebrating 20 years of making economic sense



RECOGNITION & INFLUENCE

HONOURS & AWARDS

Throughout 2025, Father A Nation's work was recognised by organisations committed to building stronger communities and addressing GBV.

These awards acknowledge the organisation's leadership in promoting positive masculinity, mentoring men and boys, and helping create safer families and communities.

RAISING LEGENDS AWARD 2025:

Presented by the Hope Givers Foundation in recognition of leadership, mentorship and positive contribution towards raising responsible men and strengthening communities.

PEACE & HUMANITARIAN AID AWARD 2025: Presented to Father A Nation in recognition of its contribution to restoring and mentoring boys and men, preventing GBV, and bringing healing to communities.



NATIONAL ENGAGEMENT

Father A Nation was invited to participate in significant national dialogues addressing GBV and positive masculinity. These invitations recognised the organisation's expertise and contribution to national conversations on preventing violence and building healthier communities.

G20 MINISTERIAL DIALOGUE ON POSITIVE MASCULINITY:

Craig Wilkinson represented Father A Nation at this event hosted by the *Minister in the Presidency for Women, Youth and Persons with Disabilities* as part of South Africa's G20 programme. The dialogue brought together government, civil society and other national stakeholders to explore the role of positive masculinity in preventing GBV and advancing gender equality.

SPECIAL INVESTIGATING UNIT (SIU) NATIONAL GBVF DIALOGUE:

Father A Nation was invited to participate in this event during 16 Days of Activism. Craig Wilkinson was invited to lead delegates in a public pledge committing men to positive masculinity and taking a stand against GBV.

TRADITIONAL AND ONLINE MEDIA COVERAGE

Father A Nation, #NOEXCUSE and Champions for Change continued to receive media coverage throughout 2025.

Coverage included television and online appearances, radio discussions, national and community news features, and an international magazine article highlighting the organisation's work to promote positive masculinity, responsible fatherhood and practical solutions to gender-based violence. Highlights included appearances on SABC 2, eNCA, two interviews on Channel Africa, and an international feature in the renowned UK publication, *The Economist*, highlighting South Africa's fatherlessness crisis and the work of Father A Nation through mentor Victor Pike in Khayelitsha.



SOCIAL MEDIA

Our talented and passionate content team keeps all of our social media platforms buzzing all year round with rich and carefully crafted content. This serves to spread the message about positive masculinity and #NOEXCUSE, and cement a community of men and fathers who want to bring change to society.

 **20.5K** FOLLOWERS / **310K** VIEWS 2025

 **1.9K** FOLLOWERS / **83.2K** VIEWS 2025

 **9.1K** FOLLOWERS / **59.9K** VIEWS 2025

 **2.2K** FOLLOWERS / **6K** VIEWS 2025

 **197** SUBSCRIBERS / **6.6K** VIEWS 2025

POST WITH HIGHEST **ORGANIC** VIEWS 2025: **180,5K**

Click to view



 **180.5K** VIEWS / **13.4K** LIKES



 **22K** VIEWS / **109** LIKES



 **21K** VIEWS / **955** LIKES



 **17.2K** VIEWS / **759** LIKES



 **6.2K** VIEWS / **241** LIKES



 **4K** VIEWS / **290** LIKES



 **3.8K** VIEWS / **321** LIKES



 **3.2K** VIEWS / **128** LIKES



 **2.8K** VIEWS / **133** LIKES



 **2.7K** VIEWS / **142** LIKES



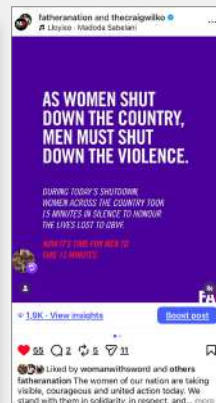
 **2.3K** VIEWS / **74** LIKES



 **3.8K** VIEWS / **28** LIKES



 **1.9K** VIEWS / **75** LIKES



 **1.9K** VIEWS / **55** LIKES



 **1.9K** VIEWS / **55** LIKES

EVENT POSTERS

A sample of posters created to raise awareness of various events.

CHAMPIONS FOR CHANGE PARTNER WORKSHOP

Dear Stakeholder,
You are invited to an exciting strategic planning workshop as a valuable partner of Father A Nation (FAN) in the fight to end gender-based violence in our community.

HOSTED BY FAN REGIONAL MANAGER, PS. VICTOR PIKE
GUEST SPEAKER: FAN FOUNDER & CEO, CRAIG WILKINSON

PLACE: F291 Mungwa Crescent, Khayelitsha
DATE: Friday, 28 February 2025
TIME: 12h30

HEAL OUR COMMUNITY
END GENDER-BASED VIOLENCE
REFRESHMENTS PROVIDED

More details and RSVP: Mr. Victor Pike 027 200 7227

FAN FATHER A NATION

CHAMPIONS FOR CHANGE CAPACITY BUILDING

Dear Champions For Change Facilitators,
You are invited to a Capacity Building training session this Friday. As a valuable partner of Father A Nation (FAN) in the fight to end gender-based violence in our community, get ready to take your skills to the next level in the implementation of transformational men's dialogue across Alot!

HOSTED BY FAN CHAMPIONS FOR CHANGE MANAGER, CHARLES MPHEPHU

PLACE: Thushu Youth Centre
DATE: Friday, 11 April 2025
TIME: 10:00am - 13:00pm

TRAINING AND SKILL BUILDING
HEAL OUR COMMUNITY
END GENDER-BASED VIOLENCE

More details and RSVP: Mr. Charles Mphahlele 027 200 7227

FAN FATHER A NATION

LOCAL LEGENDS UNITED FOR OUR YOUTH

Community builders, champions and celebrities against GBV and drug abuse.
Join us this Youth Day as we celebrate the men and women of our communities who are dedicated to the well-being and security of our future generations!

FACILITATORS: MR. RATHABENG MAMABOLO, FAN MENTOR
CHIEF: MALESELA DINGALE, DINGALE TRIBAL AUTHORITY

PLACE: Solomondale Park (Next to the Municipality Office)
DATE: Sunday 16 June 2025
TIME: 10h00 - 15h00

HEALING COMMUNITY CHAMPIONS
INSPIRATIONAL DIALOGUE
REFRESHMENTS PROVIDED

More details and RSVP: Mr. Mamabolo 027 200 7227

FAN FATHER A NATION

CHAMPIONS FOR CHANGE KHAYELITSHA MEN'S CAMP

60 carefully selected men from Khayelitsha. A life-changing weekend of adventure and learning. Equipped to end to gender-based violence in Khayelitsha.
Free of charge, including transport, accommodation and meals.

FACILITATED BY FAN REGIONAL MANAGER, PS. VICTOR PIKE
AND FAN FOUNDER AND CEO, CRAIG WILKINSON

WHERE: Outward Bound Willow Point, Sedgemoor
DATE: Starts: Friday 25 April, 5:00PM
Ends: Sunday 27 April, 1:00PM

CHALLENGE AND TESTIMONIALS
HEAL OUR COMMUNITY
END GENDER-BASED VIOLENCE

More details: Mr. Victor Pike 027 200 7227

FAN FATHER A NATION

CHAMPIONS FOR CHANGE FACILITATOR INDODA

Dear Champions For Change Madoda
You are invited to join us at Indoda Dialogue at the below places and times. Partner with Father A Nation (FAN) as we build a Band of Brothers to help end gender-based violence and build positive masculinity in our community!

HOSTED BY FAN CHAMPIONS FOR CHANGE FACILITATOR, STHEMBISO

PLACE: 130 Lustin drive Far East Bank
DATE: Friday, 25 April 2025
TIME: 13:00pm

CHALLENGE AND TESTIMONIALS
HEAL OUR COMMUNITY
END GENDER-BASED VIOLENCE

More details and RSVP: Mr. Charles Mphahlele 027 200 7227

FAN FATHER A NATION

CHAMP CAMP

60 CAREFULLY SELECTED MEN FROM KHAYELITSHA. A LIFE-CHANGING WEEKEND OF ADVENTURE AND LEARNING. EQUIPPED TO END TO GENDER-BASED VIOLENCE IN KHAYELITSHA. BECOMING CHAMPIONS FOR CHANGE.
FREE OF CHARGE, INCLUDING TRANSPORT, ACCOMMODATION AND MEALS

WHERE: Outward Bound Willow Point, Sedgemoor
DATE: Starts: Friday 25 April, 5:00PM
Ends: Sunday 27 April, 1:00PM

CHALLENGE AND TESTIMONIALS
HEAL OUR COMMUNITY
END GENDER-BASED VIOLENCE

More details: Mr. Victor Pike 027 200 7227

FAN FATHER A NATION

UNITE AGAINST GBV AND DRUG ABUSE

LIFE-CHANGING MEN'S TRAINING: 6 PACK OF CHAMPION VIRTUES
Get equipped to live with Positive Masculinity, overcome addiction and stand against GBV.
Teaching the Nation, rehabilitating and giving God the Glory!

FACILITATED BY MR. RATHABENG MAMABOLO, FAN MENTOR

PLACE: God's Tabernacle Christian Family Church, Zone 8, Sedgemoor
DATE: Saturday, 23 November 2024
TIME: 09:30 - 14:00

POSITIVE MEN'S DIALOGUE
STRONG WITH CERTIFICATE SAME DAY
REFRESHMENTS PROVIDED

CONTACT ADDRESS: Mr. Mamabolo 027 200 7227

God's Tabernacle Christian Family Church
FAN FATHER A NATION

BECOME A CHAMPION FOR CHANGE IN YOUR COMMUNITY

DYNAMIC MEN'S TRAINING: NOEXCUSE FOR ABUSE.
Get equipped to stand against gender-based violence in your community.
Break the cycle of silence. Don't miss this powerful workshop with Father A Nation to equip you to be a Champion Man.

WITH BISHOP SITHOLE AND MR THEMBISA TEMBE

PLACE: The Maranatha Church 3332 Sunrise Drive, Orange Farm rd 1 Next to Mafongole Tavern
DATE: Thursday 29 May 2025
TIME: 11h00 - 12h30

FREE:
NOEXCUSE BOOKLETS
COUNSEL WITH CERTIFICATE
REFRESHMENTS PROVIDED

More details: Mr. Themba Tembe 027 200 7227

FAN FATHER A NATION

CHAMPIONS FOR CHANGE MADODA

Dear Champions For Change Madoda
You are invited to join us at Indoda Dialogue at the below places and times. Partner with Father A Nation (FAN) as we build a Band of Brothers to help end gender-based violence and build positive masculinity in our community!

HOSTED BY FAN CHAMPIONS FOR CHANGE FACILITATOR, SIBUSISO SHONGWE

PLACE: Phil Zizubo Street, Far Eastbank
DATE: Friday, 2 May 2025
TIME: 13:00pm

CHALLENGE AND TESTIMONIALS
HEAL OUR COMMUNITY
END GENDER-BASED VIOLENCE

More details and RSVP: Mr. Charles Mphahlele 027 200 7227

FAN FATHER A NATION

TESTIMONIALS

VIEW ONLINE



Testimonies of lives changed and saved inspire us to keep on going and never give up. We know that the stories we do hear are the tip of the iceberg of the full impact that is being made.

Many stories go unheard and unspoken and, in many cases, they are of such an intimate nature that it would be improper to capture them. On the following pages and at the links below, are just some of the testimonies from men and women whose lives have been positively impacted by FAN's interventions.

WATCH A PLAYLIST OF FAN TESTIMONIALS OVER THE YEARS BY VISITING:

www.fatheranation.co.za/testimonialreel

“I used to be someone with a cold heart. I used to beat my wife. When I got drunk, I used to do stupid things. I would kick my wife out of the house. But now I have #NOEXCUSE. I have learned to love my family and my wife.” ”

- #NOEXCUSE participant

“I would like to thank #NOEXCUSE, my husband was abusing me a lot so much that we were always fighting, even the kids were always frightened at home.

We were fighting over a lot of things, he would even want to have sex with me by force. But ever since he joined #NOEXCUSE he has changed a lot. He is now my husband that I am able to live with, there's even joy now in the house. I am truly thankful ”

- Mrs. Khubeka

“From a guy who wanted to beat and kill the man who slept with his wife - now he has changed his mind.” ”

- Participant feedback shared with a FAN mentor

“I was one of those men who were abusing women. I had a problem with the anger so Mr Victor help me a lot by **telling me how to manage my anger how to avoid a situation where I get angry and I end up beating my wife,** he helped me a lot by telling me that most of the time I must avoid an argument - they are so many ways which he has helped me avoid an argument with my women, so as I stand here today, I am a changed man. Mr Victor gave me the #NOEXCUSE ring and bangle, so these days every time I get angry I look at them and I remember the conversation between myself and Mr Victor, and I end up not doing a bad thing which I normally do. So looking forward, I thank you very much for the campaign and programmes – they have changed and impacted my life in a positive way. I'm looking forward to seeing more. Men are changing through this powerful programme! Thank you very much #NOEXCUSE! ”

- Andrew, Tambo Village

“As an educator and a parent, I was deeply moved by the Gender-Based Violence and Positive Masculinity programme. The training provided our learners with a new language - one rooted in respect, equality and dignity. Parents have commented that their children are beginning to show kindness and responsibility at home, helping siblings, apologising when they are wrong, and treating their mothers with greater respect. This programme did not just teach theory; it created a movement in our school. We are confident that we are nurturing a generation that will stand against violence and embody positive masculinity as true citizens.” ”

- Mrs Khumalo, Principal,
Mqhaka Secondary School, Sebokeng

“Since we joined the #NOEXCUSE sessions, we no longer fight as much. Now I'm being a better father. I'm giving myself time with my child.” ”

- #NOEXCUSE participant

“He said the reason he did not fight was because of your words. He decided to walk away. He was upset, but he made the best decision. You talked sense to him and made him see life differently.” ”

- Partner of a programme participant

“I learnt to love and respect my partner and my kids. I learnt to protect them as I am their strength. I learnt how to be a good father and an example to my community. The course taught me to fight against GBV in my community ”

- Godfrey, Elderado Village

“Learners who once normalised aggressive behaviour are beginning to rethink their actions. I have noticed boys stepping up to protect girls from harassment.” ”

- Mr Thulo, Principal, Dr Molefi Oliphant Secondary School, Vanderbijlpark

“I no longer beat my wife and children.

There is a whole lot of change and peace now. I really want to thank Father A Nation and #NOEXCUSE for reaching out to us as men, and continue to help other men out there. ”

- Anonymous

“On these sessions I learned that you are not supposed to fight your loved

ones. When you get into an argument, you should not take your anger issues out on them. We sit down as gents and talk it out. ”

- #NOEXCUSE participant

“I had a problem that I was beating my

wife. Mr Kgomotso then came into my life, he spoke to me and even sent me some booklets reading material on GBV. Now I am very fine and don't have problems, I'm happy and I would encourage that a lot of people see people like Kgomotso. To help them with their problem. ”

- Anonymous

“I had been in this emotionally abusive marriage for 12 years, and felt helpless and a failure to my kids as this was affecting them too.

Little did I know that the light would shine upon me. My husband and I entered the Father A Nation programme and learnt that there are better ways to deal with our issues/problems. After attending the programme I am thinking of giving my marriage a second chance. Please keep up the good work you're doing. ”

- Belukazi, Khayelitsha

“One of the men shared with his group that after the camp he had planned to go home and end the life of his ex-partner and the children.

This was a watershed moment for him. As he sobbed, uncontrollably, men in the group rallied around him and held him. One of the senior community members offered for him to stay in his home while he mentored him and help with his healing. ”

- FAN Camp Facilitator

“He is very grateful for the changes he has received from our programme.

He can now save money in his bank account, and he sent money to his family for the first time since he started working as a truck driver. ”

- Testimony shared by Thembisa Tembe, FAN mentor

“I would like to thank #NOEXCUSE for being able to solve the problems that we were facing at home.

Since my husband has started joining this group, he is now able to do household stuff because we were always fighting, even hitting me if I had a suggestion, he was not able to communicate with me, he would just ignore whatever I said. Now we are able to communicate and fix any problem. **He doesn't hit me anymore, we now communicate there's laughter and it's nicer at the house now.** ”

- Mrs. Zondo

“I grew up being a violent person, due to me being raped at a very young age by my mother's brother.

I couldn't control my anger and bitterness, so I tended to take it out on my mom and sisters a lot. But when I started my counselling sessions with Mr. Pike, he showed me that what happened to me was never my fault. It took some time for me to realize and control my anger which I'm still working on, and I can proudly say, I'm no longer who and what I used to be before, thanks to #NOEXCUSE / Father A Nation, keep up the good work, we men do need these kind of men who lead by examples in the community. ”

- Anonymous

“One of the men who attended our event in April, Bulelani Toni, stood and confessed how he has been trying to commit suicide because he feels rejected and unwanted since he was a baby. This resulted in him turning to gangsterism.

He has chosen to walk away from that life and be the man he was born to be, so he is currently being mentored by the #NOEXCUSE mentors. ”

- FAN Mentor

FINANCIAL

Father A Nation is funded entirely through the generosity of donors and funding partners, and is actively working to broaden its funding base to ensure the long-term sustainability of its programmes.

For the year ended 28 February 2026 we raised **R6,343,328** from 7 corporate donors, 1 government-funded donor (GBVF), an embassy (Danish), a foundation (Ford) and several individuals. Corporate donations accounted for 74% of total funds generated, the government-sponsored GBVF Fund made up 8%,

the Danish Embassy 4%, the Ford Foundation 14% and individual donors just over 1%.

Expenses for the year were R6,334,861 leaving a net surplus of R 43,937 (including interest earned of 35,470).

Father A Nation has no debt.

Breakdown of funds raised by sector:



TRUSTED BY MORE THAN 30 PARTNERS OVER 15 YEARS.

More than 30 corporations, foundations, embassies, government departments, trusts and individual donors have invested in Father A Nation's mission. This diverse base of support has enabled us to develop, refine and expand programmes transforming communities across South Africa. **To every organisation and individual who has partnered with us over the years, thank you. Your belief in our mission has made this work possible, and we are deeply grateful for your trust and support.**





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